

Score	0	1	2	3	4
What color are your eyes?	light blue, gray, green	blue, gray or green	blue	dark brown	brownish black
What is the natural color of your hair?	sandy red	blond	chestnut/ dark blond	dark brown	black
What is the color of your skin (non-exposed areas)?	reddish	very pale	pale with beige tint	light brown	dark brown
Do you have freckles on unexposed areas?	many	several	few	incidental	none

⇐ **Total score for Genetic Disposition**

Score	0	1	2	3	4
What happens when you stay too long in the sun?	painful redness, blistering, peeling	blistering, followed by peeling	burns sometimes followed by peeling	rare burns	never had burns
To what degree do you turn brown?	hardly or not at all	light color tan	reasonable tan	tan very easy	turn dark brown quickly
Do you turn brown within several hours of exposure?	never	seldom	sometimes	often	always
How does your face react to the sun?	very sensitive	sensitive	normal	very resistant	never had a problem

⇐ **Total score for reaction to sun exposure**

Score	0	1	2	3	4
When did you last expose your body to sun (or artificial sunlamp/tanning cream)?	more than 3 months ago	2-3 months ago	1-2 months ago	less than a month ago	less than 2 weeks ago
Did you expose the area to be treated to the sun?	never	hardly ever	sometimes	often	always

⇐ **Total score for tanning habits**

Summary

- ⇐ Total score for genetic disposition
- ⇐ Total score for reaction to sun exposure
- ⇐ Total score for tanning habits
- ⇐ **Skin type score**

Your Fitzpatrick Skin Type

Skin Type Score	Fitzpatrick Skin Type
0-7	I
8-16	II
17-25	III
25-30	IV
over 30	V

Patient Name _____