



I hereby authorize Avanti Skin Care Center of Willow Bend to treat me with the Titan device. I understand that this procedure works by creating a thermal response in the dermis that induces tightening of skin laxity and collagen enhancement without damage to the outer layer of skin. There is little or no downtime associated with this treatment. It is possible the result will be minimal or not help at all.

The following points have been discussed with me:

- The potential benefits of the proposed procedure.
- The possible alternative procedures.
- The probability of success.
- The most likely possible complications/risks involved with the proposed procedure and subsequent healing period; including, but not limited to, blistering, infection and/or scarring.
- Photographs will be taken and may be used for educational purposes.
- The importance of avoiding photosensitive medications/ herbs 72 hour prior to treatment.
- Post treatment instructions.

I am aware of the following possible experiences/risks with the Titan Treatment:

- **DISCOMFORT** Some discomfort may be experienced during treatment.
- WOUNDS Treatment can result in burning, swelling, bruising, blistering, or bleeding of the treated areas, which may require one to three weeks to heal. As with any injury to the skin, there is a potential for poor wound healing.
- INFECTION Infection is a rare possibility whenever a skin procedure is performed, though proper wound
 care should prevent this. If blistering or signs of infection develop, such as pain, heat or surrounding redness,
 please call Avanti Skin Care Center of Willow Bend
- **BRUISING/SWELLING** Bruising (purpura) of the treated area may occur. Additionally, there may be some swelling (edema) noted.
- **PIGMENT CHANGES** (Skin Color) During the healing process there is a slight possibility that the treated area can become either lighter, or darker, in color compared to the surrounding skin. This is usually temporary, but, on a rare occasion, it may be permanent.
- **SCARRING** Scarring is a rare occurrence, but it is a possibility if the skin's surface is disrupted. To minimize the chances of scarring, it is IMPORTANT not to pick, rub or scratch the sites as this may lead to permanent scars.
- **EYE EXPOSURE** Protective eyewear (shields) will be provided. It is important to keep these shields on at all times during the treatment in order to protect your eyes from injury.



Titan Procedure Consent Form

PRE & POST-TREATMENT INSTRUCTIONS:

I understand that failure to carefully follow the instructions below may affect my treatment outcome and increase the likelihood or severity of complications. I agree to review and adhere to these instructions prior to each appointment.

Prior to Your Appointment:

- Do not use any medication that causes photosensitivity for at least 72 hours prior to treatments. If you are
 taking a medication that causes photosensitivity, please contact your prescribing physician to discuss your
 options. Do not use Accutane (or products containing isotretinoin) for at least 6 months prior to treatments. Use
 of Retin-A (or products containing tretinoin) is acceptable up to 5 days before treatment, provided there is no
 skin reaction present.
- Avoid sun tanning or sunless tanning products for as long as possible before treatments (2-4 weeks is recommended). Avoid plucking, waxing or electrolysis for at least 6 weeks before treatments.

On The Day of Your Appointment:

- If the hair in the treatment area is very sparse, please let us shave this at the time of your treatment as this allows us to better define the treatment area.
- The treatment area must be free of any open sores, lesions or skin infections. Gently wash the area and do not apply any creams, lotions or other products to the area except a topical anesthetic (if being used).
- Dress so that you may modestly expose the treatment area.
- If you choose to, you may take over-the-counter anti-inflammatory medication such as ibuprofen prior to arrival.
- The timing of each patient's appointment is critical. In order for us to keep all patients on schedule we ask that you please be on time for your appointments.

After Your Treatment:

- Avoid sun exposure and use sunscreen (SPF 35 or greater) for 2-4 weeks following your treatment.
- Keep the treated area clean and dry for the next several days,
- Avoid Cool compresses following treatment.
- In the rare case that you experience any blistering or scabbing, please call us as soon as possible. If any pigment changes are bothersome or persist beyond 4 weeks, please discuss this with us.

My signature attests to the fact that I am a competent adult of at least 18 years of age, I have fully read this entire consent form, that I have had any questions or concerns answered to my satisfaction, that I understand and agree with the information contained herein, and accept the risks inherent in undergoing this treatment Avanti Skin Care Center of Willow Bend cannot guarantee the outcome of my treatments. I agree to follow the pre and post-treatment instructions to reduce the likelihood or severity of any adverse effects.

Issued by Avanti Skin Care Center of Willow I	Bend	Date	
Signed	Printed Name		
Parent / Legal Guardian			_ (for minors under age 18)