

Vascular Consent & Treatment Instructions

Thank you for choosing Avanti Skin Care Center of Willow Bend. Each Avanti Skin Center location is a separately owned and independently operated entity. In our ongoing efforts to provide you with the best possible service, we ask that you carefully review this procedural consent form and ask any questions necessary to help you fully understand it. Please sign only after careful review and consideration.

Procedure

When treating vascular lesions, the blood temperature at the targeted area is elevated to a level that causes coagulation without damage to the epidermis or surrounding tissue. Multiple treatments may be necessary to obtain a satisfactory response.

Mechanism

The Yag Laser is used to coagulate the vessels and remove or lighten the appearance of dilated superficial veins on the legs and/or face.

Safety

All required safety procedures and guidelines will be followed to ensure the utmost in safety during your treatments. This includes protective eyewear at all times while the equipment is in use. We recommend the removal of contact lenses during facial treatments.

Alternatives

I am aware of other methods of treatment, such as Sclerotherapy or surgery, which would be performed by a physician. I understand that my concerns regarding the condition of my veins may be caused by various medical conditions that may require other forms of treatment and that may be caused by various medical conditions that may require other forms of treatment and that it is my responsibility to explore such options prior to beginning vein therapy with Avanti Skin Care Center of Willow Bend. I have explored such alternatives and have made an independent decision to proceed with treatments.

Limitations

Even after the majority of the veins have been removed, new spider veins can develop and maintenance may be necessary. Not all veins are treatable and it is possible that the result may be minimal. Actual results cannot be quaranteed.

Discomfort

I understand that the sensation generated by the light pulse is most commonly described as a rubber band snapping against the skin, and most individuals are able to tolerate this for the short duration of the treatment. I understand that I will have a sunburn-type sensation in the treatment area for several hours afterwards. Topical anesthetics are available to decrease any perceived discomfort from the treatment.

Skin Effects

I understand that most people will experience some redness and mild swelling after the treatment of veins. Bruising, blistering, scabbing, infection and other skin changes are also possible, although much less likely. I understand that in most cases, all of these effects should resolve themselves within a few hours to several days following treatment. I understand that cold compresses after treatment may be beneficial. Scarring is extremely rare and usually only happens with those that have a predisposition such as keloids or other excessive scarring. I have been advised not to undergo vein therapy if I have such a history and under these circumstances acknowledge that Avanti Skin Care Center of Willow Bend cannot guarantee the outcome of my treatments. I agree to follow the pre and post-treatment instructions to reduce the likelihood or severity of any adverse effects.

PRE & POST-TREATMENT INSTRUCTIONS:

I understand that failure to carefully follow the instructions below may affect my treatment outcome and increase the likelihood or severity of complications. I agree to review and adhere to these instructions prior to each appointment.

Prior to Your Appointment:

- Avoid sun tanning at least 2 weeks prior to treatments. This will be required after treatments as well. Avoid selftanning creams 1 week prior to treatment.
- Do not use any medication that causes photosensitivity for at least 72 hours prior to treatment.
- Do not use Accutane (or products containing isotretinoin) for at least 6 months prior to treatment. Use of Retin-A (or products containing tretinoin) is acceptable up to 5 days before treatment, provided there is no skin reaction present.
- We recommend that you avoid the use of aspirin, ibuprofen and other anti-inflammatory or blood thinning medications at least three days prior to treatment, as this will increase the likelihood of bruising.
- The treatment area must be free of open sores, lesions or skin infections.

On The Day of Your Treatment:

- Gently wash the area to be treated, removing makeup, lotion, etc. Do not apply creams, lotions or other products to the area with the exception of a topical anesthetic.
- If applicable, dress so that you may modestly expose the treatment area.

After Your Treatment:

- You will have a mild sunburn sensation following treatment that is usually gone within a few hours. Skin
 redness and slight edema are normal and may last for a few days. Blistering is uncommon and when it occurs,
 it is not usually serious.
- Cold compresses (not ice) and recommended skin care products may be useful to reduce swelling or discomfort. You may take over-the-counter anti-inflammatory medication. Topical antibiotic cream may be used, if skin is broken, to avoid infection.
- In the rare case that you experience any blistering or scabbing, please call our clinic as soon as possible. Also contact us if you are experiencing prolonged redness or swelling.

My signature attests to the fact that I am a competent adult of at least 18 years of age, I have fully read this entire consent form, that I have had any questions or concerns answered to my satisfaction, that I understand and agree with the information contained herein, and accept the risks inherent in undergoing this treatment.

| Issued by Avanti Skin Care Center of Willow Bend | | Date | |
|--|--------------|------|---------------------------|
| Signed | Printed Name | | |
| Parent / Legal Guardian | | | (for minors under age 18) |